

# Minutes

## FREMONT SENIOR CITIZENS COMMISSION

### REGULAR MEETING

Friday, September 16, 2016

9:30 – 11:00 am

City of Fremont Senior Center, Wing A

40086 Paseo Padre Pkwy

Fremont, CA 94538

#### **1. CALL TO ORDER**

- Commissioner Churchill called the meeting to order at 9:30 am

#### **2. ROLL CALL**

**Present:** Commissioners Churchill, Desai, Hobbs, Helton, Miller, Narasimhan, Rhodes-Jones, Walsh, Wasserman, Yamasaki

**Absent:** None

**Excused:** Commissioner Mirchandani

#### **3. SALUTE TO THE FLAG**

- Commissioner Hobbs led the salute to the flag

#### **4. APPROVAL OF MINUTES** of the Regular Meeting of July 15, 2016

- Commissioner Miller made a motion to accept the minutes as presented. Commissioner Hobbs seconded the motion.

*M/S/P*

**Yays:** Commissioners Churchill, Desai, Hobbs, Helton, Miller, Walsh, Wasserman, Yamasaki

**Nays:** None

**Abstain:** Commissioners Narasimhan & Rhodes-Jones

#### **5. ORAL COMMUNICATIONS**

None

#### **6. WRITTEN COMMUNICATIONS**

None

## **7. OLD BUSINESS**

### **7.1 Alameda County Water District Survey -- Karen Grimsich, Administrator**

- Karen Grimsich shared a survey that she received from the water district. The water district is using this survey to obtain information on how many people may apply for a discount.

*Handout: Survey from ACWD*

### **7.2 Aging Friendly City – Karen Grimsich, Administrator**

- Karen Grimsich shared that The City of Fremont will be applying to the World Health Organization, through AARP, to become an Age-Friendly City.
- There was discussion on the differences and similarities between the “age friendly” and “dementia friendly” initiatives. Both initiatives have a similar process of assessing what is currently available in a city and what gaps exist.
- Commissioners Rhodes-Jones & Helton shared what they have been doing along with commissioners from Union City and Newark in the area of “dementia friendly”.

### **7.3 Collection of Money for Seniors’ Night Out Raffle Basket – Denise Churchill**

- An envelope was passed around to collect money that Commissioner Churchill will use to create a raffle basket for Seniors Night Out.

## **8. NEW BUSINESS**

### **8.1 Review Action Areas – Karen Grimsich, Administrator**

- Karen shared that in January 2017 that the Action Areas will be reviewed. At that time, a new Action Area for “Tri-City Senior Commission Update” will be discussed.

### **8.2 Senior Center Fiscal Update – Karen Grimsich, Administrator**

- Karen Grimsich, Administrator of AFS and Suzanne Shenfil, Director of Human Services shared with the commission how the senior center is funded, including a discussion on how much the City General Fund contributes towards the total cost of operations (approximately 60%).

- While the senior center must have diverse funding streams it is difficult for members to pay more for membership or lunches.
- A discussion was held on how to continue marketing the Senior Center and the programs.

## **9. COMMISSION REPORTS**

### **9.1 Senior Legislative Priorities Bill Status – Commissioners Desai & Narasimhan**

- Commissioner Desai reviewed the handout that contained the status of Senior Legislation.

*Handout: Status of Senior Legislative Priorities for 2016*

### **9.2 Paratransit – Commissioners Yamasaki & Rhodes-Jones**

- Commissioner Yamasaki reviewed the Transportation Committee Report
- Shawn Fong, Administrator of ParaTransit shared additional information on what is happening with the program and areas that are being looked at to continue improving the existing program.

*Handout: Transportation Committee Report, September 2016*

### **9.3 Tri-City Elder Coalition – Commissioners Churchill & Desai**

- Commissioner Desai shared that Fall Prevention Week is September 19 – 23.

### **9.4 Builder's Fund – Staff**

- Lynn Hood, Recording Secretary & Senior Office Specialist reported that the Builder's Fund is in the process of organizing this year's Holiday Boutique which is scheduled for Friday, November 4, 2016.
- Information on Amazon Smile and eShare, which support the Builder's Fund was shared.

### **9.5 Health Issues – Commissioners Helton and Churchill**

- Commissioner Helton shared a report on a research study that has had success in treating Alzheimer's in mice.

## **10. COMMISSION REFERRALS**

None

## **11. STAFF REPORTS**

### **11.1 Aging and Family Services – Karen Grimsich, Administrator AFS** No additional information

## **12.COMMISSION COMMENTS**

- Commissioner Churchill recognized Lynn Hood, Recording Secretary. This meeting was her last meeting in this position. The commission presented Lynn with a gift and card of appreciation.

### **Adjournment**

There being no further business, the meeting was adjourned at 11:05 am

Respectfully submitted by Lynn R Hood, Recording Secretary